

ONE Multisport and Carmichael Training Sponsorship Package

Carmichael Training Systems is happy to be a Coaching partner of ONE Multisport for the 2011 season. The purpose of this partnership is to enhance the benefits of ONE membership by providing discounted services and programs by Carmichael Training Systems and to bring national recognition to ONE through the CTS camps and database.

Sponsorship Package for ONE Athletes:

Ironman Arizona Training Camp: September 16 – 18

- ONE will be listed as Official Club of the IMAZ CTS Camp
- ONE may use this verbage on their website and in newsletters
- CTS will include “ONE Official Club Partner” title with direct link in camp marketing eblasts
- ONE members receive 10% discount to the IMAZ training camp (Regular price: \$1824 **Includes entry into IMAZ)

CTS Service Discounts for ONE

- 10% discount to the IMAZ training camp and all other IM training camps
- 10% off All Tucson CTS Camps
 - Tucson Climbing Camp: October 19 – 22
 - El Tour de Tucson Camp: November 14 – 20
- 15% off Performance Testing Package
 - Includes: Lactate Threshold, VO2 Max, and Retul 3-D Dynamic Bike Fitting
 - Package Price = \$475, ONE Price = \$403.75
- 15% off all ala-cart services at the Tucson CTS Facility

| Service | Cost (Member*/Non**) |
|--------------------------------------|----------------------|
| Retul Fit | \$250 |
| Retul Same Day, 2 nd Bike | \$150 |
| LT Test | \$150 / \$200 |
| VO2 Test (add-on only) | \$100 |
| Resting Metabolic Rate | \$50 / \$65 |
| Nutrition Analysis | \$200 / \$250 |
| Event Day Nutrition | \$200 / \$250 |
| Nutrition Essentials Pkg | \$250 / \$300 |

*Member price is for any athlete being coached by CTS. ONE Athletes who receive coaching from CTS get 15% off this price

**Non Member price is for anyone. ONE Athletes receive 15% off this price

Coaching Service Discount: 10%-15%

(No Activation fees)

| | | 6month | 6month | 12month | 12month |
|-----------------|------------|------------|-----------------|------------|-----------------|
| Level | Discount | Full Price | ONE | Full Price | ONE |
| Select | 10% | 185 | \$166.5 | 155 | \$155 |
| Premium | 15% | 335 | \$284.75 | 280 | \$238 |
| Ultimate | 15% | 605 | \$514.25 | 505 | \$429.25 |

All coached athletes are eligible for our Industry partner discounts (GU, Smith, Pearl Izumi and Aquasphere)

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